**JavaScript Nested Loops**

Nesting loop is place one loop inside another loop. It’s better to give a name for each loop to call it with return and continue statements.

Loop can take a name followed by colon. Like: loopingName:

There are 4 types of nested loops:

1. [For nested loop](For%20nested%20loops.docx)
2. While nested loop
3. Do while nested loop
4. For in nested loop